

Your Local Pharmacy

Transferring Your Prescriptions is Easy.
Ask Us How Today!

July 4-18



16⁹⁹

Ensure®
Clear,
8 g Protein
Mixed Berry or Apple,
6 x 237 mL

Aerius®
Non-Drowsy,
Allergy Relief,
10 Tablets

12⁹⁹



10⁹⁹

Aerius®
Kids,
Non-Drowsy,
24-Hour Allergy
Relief,
100 mL

Benadryl®
Allergy,
Extra Strength,
12 Caplets or
Liqui-Gels,
20 Capsules

12⁹⁹



3⁹⁹

Tylenol®
Extra Strength,
10 ezTabs,
500 mg

Tylenol®
Extra Strength,
Cold & Sinus or Flu,
10 Daytime + 10
Nighttime Tablets
or Infants,
24 mL,
Grape
Flavour

9⁹⁹



Aleve®
Naproxen
Sodium,
24 Caplets

6⁹⁹



9⁹⁹

Visine®
Sterile,
Eye Drops,
Allergy with
Antihistamine,
Multi-Symptom
or Dry Eye,
15 mL



4⁹⁹

Pepto-Bismol®
5 Symptom Relief,
Travel Size,
100 mL



9⁹⁹

NeilMed®
Clear Canal,
Earwax Removal,
Complete Kit

Canesten®
External
Antifungal
Cream,
15g

9⁹⁹



Vagisil®
Selected
Varieties,
360 mL

8⁴⁹



3⁷⁹

Softsoap®
Scented Moisturizing Hand Soap,
Lavender & Shea or
Warm Vanilla & Coconut Milk,
332 mL



7⁹⁹

OFF!®
Family Care,
Insect Repellent,
Smooth & Dry,
71g



10⁹⁹

OFF!®
Deep Woods,
Insect Repellent,
Dry,
113g

After Ivy®
Complete Wipe,
16 Pocket Size
Wipes

13⁴⁹



5⁴⁹

After Bite®
The Itch Eraser,
Gel or
Kids Gel,
20 g

Degree®
Antiperspirant,
48-hour,
Shower Clean,
Sheer Powder,
74g or
Cool Comfort,
Sport,
76 g

5⁹⁹



2⁴⁹

Johnson's®
Baby,
Shampoo,
60 mL or
Oil,
88 mL



7⁹⁹

Batiste®
Original,
Classic Clean,
Dry Shampoo,
120g



99¢

Achool™
10 13-Ply Tissues



1²⁹

Dentyne
Selected
Varieties,
12 Pieces



1⁵⁹

Mars®
Selected
Varieties

Nutella
B-ready,
10 x 22g

99¢



healthOne™

Compare & Save!



10⁹⁹

Allergy Relief
Extra Strength,
24 Tablets,
10 mg



7⁹⁹

Ibuprofen
Extra Strength,
400 mg,
32 Caplets



6⁹⁹

Diarrhea Relief
12 Caplets,
2 mg



9⁹⁹

Anti-Nauseant
50 mg,
100 Tablets

Travel

Whether you’re flying across the country or driving through winding mountain roads, motion sickness can creep in and take the joy out of your journey. It typically occurs when your inner ear senses movement that your eyes don’t see, or vice versa, leading to nausea, dizziness, and general discomfort. Fortunately, there are reliable ways to manage it before it ruins your plans.

One of the most effective strategies is to choose a seat that experiences the least motion. Sitting over the wings in a plane, mid-ship on a boat, or in the front seat of a car can help stabilize your sensory input. Keeping your eyes on the horizon and avoiding reading or phone use also reduces symptoms. Make sure the air around you is fresh and cool, and avoid large, greasy meals before travel. Instead, stick to light snacks and stay hydrated.

When environmental control isn’t an option, crowded vehicles, bumpy roads, or long-haul flights, a few reliable supports can make all the difference. Gravol (dimenhydrinate) offers fast, effective relief for nausea and dizziness, while Gravol Ginger provides a non-drowsy, natural alternative made with organic ginger. For drug-free support, Sea-Band wristbands apply gentle acupressure to help reduce queasiness discreetly. All are travel-friendly and widely available at Canadian pharmacies.

Children are especially prone to motion sickness. Keep them engaged with music or conversation, and speak to a healthcare provider before giving them any treatments. With a little planning and the right tools, motion sickness doesn’t have to hold you back. Prepare ahead, pack wisely, and make the most of every mile.



6⁹⁹

Gravol®
Nausea Relief,
Kids,
18 Chewables or
Adult,
30 Tablets



13⁹⁹

Neutrogena®
Ultra Sheer,
Dry Touch Sunscreen,
SPF 60
Aveeno®
Protect+ Hydrate,
SPF 50



2⁹⁹

Mansfield
Travel First Aid,
16 Essential First Aid
Items



15⁹⁹

Coppertone®
Sport,
SPF 30,
4-in-1
Performance,
222 mL or
259 mL

Pepcid®
Acid Controller,
Maximum Strength,
10 Tablets

8⁹⁹



Cryopak®
Cold + Hot,
Flexible Gel Compress

6⁹⁹



15⁹⁹

Hawaiian
Tropic®
Silk Hydration,
Mineral Face,
Sunscreen,
SPF 30,
50 mL

ChapStick®
Lip Balm,
Classic Cherry,
4 g

1⁹⁹



Ask Your Pharmacist

Did you know your local pharmacy provides a host of services for you and your family?

Next time you’re in our pharmacy, please feel free to speak to one of our pharmacists to find out more.

- Computerized patient files
- Med checks
- Compounding
- Compliance packaging
- Clinic days
- Prescription transfer from other pharmacies

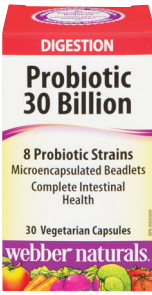
Colgate®
Toothpaste,
Cavity Protection,
Regular or Winterfresh,
95 mL

1⁹⁹



4⁹⁹

Listerine®
Mouthwash,
Fresh Burst or
Total Care,
250 mL



17⁹⁹

Webber
Naturals®
Probiotic 30
Billion,
30 Vegetarian
Capsules

Sugar Twin®
Calorie Free
Sweetener,
160 g
200 Packets

6⁹⁹



Palmolive®
Ultra,
Dish Liquid,
Orange Citrus
Scent or
OXY,
Deep Grease,
591 mL

3⁹⁹



15⁹⁹

Oral-B
Kids,
Toothbrush,
Extra Soft



3⁹⁹

GUM®
Dual Action,
Tongue Cleaner



3⁴⁹

GUM®
Denture Brush

Polysporin®
Extra Infection
Protection + Pain Relief,
Ointment,
15 g

10⁹⁹



Trojan®
Classic,
Latex Condoms,
12 Lubricated
Condoms

7⁴⁹



First Aid

First aid involves immediate care for sudden injuries or illnesses to preserve life, prevent the condition from worsening, and promote recovery until professional medical help is available. It encompasses various situations, including burns, cuts, fractures, choking, and cardiac emergencies. For instance, in cases of severe bleeding, applying firm pressure with a clean cloth can help control blood loss. In choking incidents, performing back blows and abdominal thrusts can dislodge the obstruction. For cardiac emergencies, cardiopulmonary resuscitation (CPR) involves chest compressions and rescue breaths to maintain circulation. Proper first aid can be crucial in emergencies, potentially saving lives and reducing the severity of injuries.



6⁹⁹

Benadryl®
Bug Bite Relief,
Triple Action,
14 mL

Band-Aid®
Tough Strips,
Water Block,
20 All One Size
or Flexible
Fabric,
20 Assorted
Sizes

5⁹⁹



7⁹⁹

NeilMed®
Neil Cleanse,
Wound Wash,
Sterile Saline
Solution,
177 mL



6⁹⁹

Hydrocortisone
Cream
30g



1⁹⁹

Hand Sanitizer
Antiseptic,
59 mL



4⁹⁹

Fabric Bandages
80 Bandages
Plastic Bandages
100 Bandages



7⁹⁹

Vinyl Gloves
Medical Examination
Gloves,
100 Gloves,
Medium or Large

Speak to your medical professional or pharmacist for more information. The material in this flyer was sourced from: www.mayoclinic.org. It is intended for information purposes only and should not be used in place of consultation with a healthcare professional. Participating retailers/pharmacies, vendors, and/or agencies are not responsible for errors, omissions, or inconsistencies with respect to the information contained in this flyer and do not accept liability whatsoever for reliance by the reader on the information contained herein.

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